



PMD or not?



Any doubts about sorting correctly? [Go to **bettersorting.be**](https://www.bettersorting.be)

Fostplus

PMD



Rules for good recycling



Empty packaging completely.



Flatten plastic bottles lengthwise, put the cap on.



Place films and containers separately in the bag.

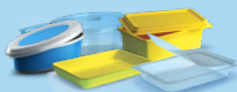
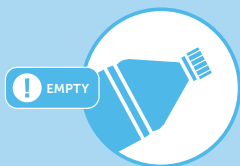


Remove full body sleeves from the bottle and throw them separately into the blue bag.



P

Plastic packaging



Trays and containers



Bottles



Films



Bags



Beverage capsules



Flasks



Jars, cups and tubes

M

Metal packaging



Aerosols



Trays



Beverage capsules



Lids



Caps



Cans and tins



D

Drink cartons





What is not allowed in the PMD



Pallet wrapping films and packaging for industrial use (e.g. plastic raw material bags)



Packaging > 8 litres



Packaging of motor oil and lubricants, of pesticides, of fuels, of glues, of paints and varnishes, silicone tubes



Polystyrene



Packaging with child-resistant fastenings



Packaging featuring one of these pictograms



Packaging made of a combination of material (e.g. plastic film layer + aluminium film layer) which cannot be separated, like some drink, fruit purée or wet pet food pouches etc.



Other items



Warning!

Do not put items inside one another or put filled, tied up bags into the PMD bag.

